

JUST SAY KNOW

A Reality-Based Approach to Teens and Drugs

Dr. Marsha Rosenbaum

Parents are presented with a variety of views regarding teens and drugs. There are the “Just Say No,” the “Risk Reduction,” and the “Can I just bury my head in the Sand” approaches. What works? What’s healthy? What’s realistic?

Dr. Rosenbaum will discuss and answer your questions about:

- ∞ How to engage your teen in a conversation about drugs
- ∞ Whether abstinence is an acceptable model
- ∞ The best way to talk about parents’ past use
- ∞ When recreational use gets out of hand
- ∞ How to prepare your teen for college partying
- ∞ Whether alcohol and marijuana are “gateway” drugs
- ∞ How to keep your teen safe when you know they might be experimenting

Marsha Rosenbaum is director emerita of the Safety First Project and director emerita of the San Francisco office of the Drug Policy Alliance. She received her doctorate in medical sociology from UCSF 1979. Dr. Rosenbaum is the author of *Heroin*, and co-author of *Pursuit of Ecstasy: The MDMA Experience* and *Pregnant Women on Drugs: Combating Stereotypes and Stigma* and numerous drug education pamphlets. She regularly speaks to parent groups, schools, drug treatment and prevention professionals and the media about teenagers and drugs, and drug policy issues. For more information visit Saftey1st.org.

Monday, February 8, 2010, 7:30 to 9:00 PM
The Bay School of San Francisco, 35 Keyes Avenue in the Presidio

A \$5.00 donation is requested at the door.

Upcoming Forum — Save the Date

Monday, March 22, 2010: Annual Teen Panel Discussion
Teens Share Their World Views and Perspectives
Jewish Community High School of the Bay

For more information about us and our upcoming speakers, visit our website at www.parentscoalition.net.